

RED BLUFF LHTAKO POLICY

SCHOOL NUTRITION

The students at Red Bluff Lhtako will be offered food and beverages of sound nutritional value in the school environment.

The coordinated effort of the District Lunch Co-ordinator, Student Supervisors, parent group and classroom teachers has helped students prepare for the school day with a nutritional lunch. The lunches offered are filled with fresh fruits and vegetables. Our goal is to improve awareness of the importance of healthy eating habits both at school and at home.

Our parent lunch coordinator has approached Nutritionist, Ms. Kopetski, who after reviewing our school lunch menu, approved the choices of healthy foods and beverages offered to the students.